

Rotary Club of Navi-Mumbai (Hillside)

HORIZON

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An Awareness Session on Good Touch, Bad Touch

03 Oct 2024

The Rotary Club of Navi Mumbai Hillside and Innerwheel Club of NM Hillside conducted an awareness program titled "Good Touch, Bad Touch" at Utkarsh Vidya Mandir, Belapur and Diwale School Belapur. The program aimed to educate young children on recognizing safe and unsafe physical interactions. This initiative aligns with Rotary's mission to promote child safety, health, and education. The primary objective of the program was to raise awareness among young students about body safety, instill confidence in identifying unsafe situations, and encourage them to report uncomfortable experiences to trusted adults. The resource person of this program was Rtn. Dr. Avita Agarwal from RCNM Hillside.



03 Oct 2024

Annadan at Tata Cancer Hospital, Kharghar



Rotary Navi Mumbai Flags Off "ALL DAY DINNER" Project for Cancer Patients and Attendants. In a significant humanitarian effort, 17 Rotary Clubs of Navi Mumbai have come together to launch the much-awaited long-term project, ALL DAY DINNER, at Asha Nivas, Tata Memorial Centre, ACTREC. The initiative aims to provide free full-course dinner meals to 400 cancer patients and their attendants every day. At the official launch event, District Governor (DG) Rtn. Dinesh Mehta handed over

cheque to Dr. Navin Khattri, Dy Director, ACTREC in the presence of District Secretary Rtn. Abid Nagaria, along with the presidents of the participating Rotary clubs. The project reflects DG Dinesh Mehta's strong desire to support underprivileged cancer patients, with continuous coordination by Rtn. Abid Nagaria, making the dream of serving meals to cancer patients and their families a reality.

Ideation Workshop Assistance

05 Oct 2024

RCNM Hillside provided an assistance to students of MCA College for their ideation Workshop on 5th October'2024. 18 groups presented their business idea and they were guided by Entrepreneurs of our club Rtn Ravi Ahlawat and Rtn Gaurav Todkar. President Dr Priyeta Priyadarshini engaged students by playing some management games and shared her Management expertise. Students were very happy meeting young entrepreneurs and it was a learning session for all!!



07 Oct 2024

Apparel and Fruits Distribution

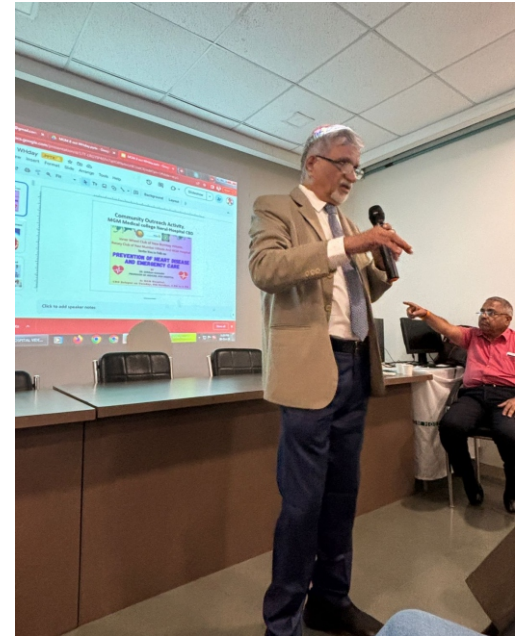


Rotary Club of Navi Mumbai Hillside visited Girija Old age home on 7th October 2024 for the distribution of apparel and fruits. Rotractors also accompanied with us and participated enthusiastically in the project. We interacted with the elders and spent quality time with them. The project was initiated and sponsored by Rtn Sonali P of RCNM Hillside

Prevention of Heart Disease and Emergency Care

08 Oct 2024

The Rotary Club of Navi Mumbai Hillside in association with Innerwheel Club of New Bombay Hillside organized a seminar on "Prevention of Heart Disease and Emergency Care" on 8th October'2024 at MGM Hospital, Belapur. The event aimed to raise awareness about heart health, provide preventive strategies, and educate participants on handling emergency situations related to heart. Dr. Shrikanth Kulkarni, a renowned cardiologist, delivered an insightful presentation on the common risk factors leading to heart disease, including high blood pressure, high cholesterol, smoking, and an unhealthy diet. He emphasized the importance of regular physical activity, a balanced diet, and routine health check-ups as crucial preventive measures. The session concluded with an interactive Q&A, where attendees engaged with the experts, seeking guidance on maintaining heart health. The Rotary Club pledged to continue its efforts to promote community health and well-being



14 Oct 2024

Awareness session on Cervical Cancer Vaccination



Today's Awareness session on Cervical Cancer Vaccination drive at slum area Turbe, near Badi masjid. Date :14/10/24 Venue- Aarambh, Gyan Vikas Kendra Turbhe Beneficiaries - 40 Speaker- Rtn Dr Jitendra Khadge, Avenue Chair, Z2-Dist 3142, Attended by Rtn Dr Priyeta Priyadarshini Organised by Rotary Club of Navi Mumbai Hillside.

Annapoorna

16 Oct 2024

On the occasion of Kojagiri Purnima, Rotaract Club of Bharati Vidyapeeth and Rotary Club of Navi Mumbai Hillside distributed fruits and snacks to the children and adults in one of the slums in Kharghar. The total number of beneficiaries were 35



19 Oct 2024

Free Diabetes Detection Camp



Rotary Club of Navi Mumbai Hillside organized a Free Diabetes Detection Camp aimed at promoting early diagnosis and raising awareness about diabetes on 19th October'2024 at Valley Park, Belapur. The camp offered free blood sugar testing to participants, along with counseling sessions on managing diabetes through proper diet and lifestyle changes by our own club Rotarian Dr Ghanshyam Dulera. The event saw a great turnout, with more than 60 people benefiting from the screenings

and health advice provided. The Rotary Club's initiative was widely appreciated, as it helped individuals become more informed about their health and take proactive steps towards managing or preventing diabetes. The event took place in association with Mankind Pharmaceuticals

Beach Cleaning at Uran Beach

23 Oct 2024

The Rotary Club of Navi Mumbai Hillside and Rotaract Club of Bharati Vidyapeeth has initiated a beach cleaning campaign aimed at addressing the growing issue of pollution along coastlines. This community-driven project involved local volunteers students and rotarians coming together to clean up waste and protect marine ecosystems. The campaign focused on removing debris such as plastic, glass, and other harmful materials from beaches, while also raising awareness about environmental conservation. Rotary Club President Dr Priyeta Priyadarshini highlighted the importance of collective action, saying, "Together, we can make a significant impact on keeping our beaches clean and safe." This effort by the Rotary and Rotaract Club is a step towards ensuring cleaner, healthier beaches for everyone.



An awareness session on Organ Donation

24 Oct 2024

Rotary Club of Navi Mumbai Hillside held an insightful session on organ donation on 24th October'2024 for students of Bharati Vidyapeeth Management College, aiming to raise awareness and dispel myths around this crucial subject in association with Mohan Foundation. Rtn Prarthana Dwivedi working as a counselor in the area of organ donation in Apollo Hospital shared her personal story and medical knowledge to educate students on the life-saving impact of organ donation. Students learned about the types of organs that can be donated, including kidneys, liver, skin, heart, lungs, and tissues such as corneas. She also explained how one donor could save multiple lives and emphasized the importance of discussing organ donation with family members. Through this educational event, RCNM Hillside successfully inspired the next generation to consider the profound impact of organ donation.



25 Oct 2024

Cloth Donation Drive



Rotary Club of Navi Mumbai Hillside recently held a successful cloth donation drive on 25th October 2024 bringing together community members to support those in need. aimed to collect gently used clothing for local shelters and families facing financial hardships. The event was organized in association with NSAM Academy and Weconnect. The clothes collected have been donated to genuine NGOs, some clothes were segregated for Recycling and Resuse. Around 50 Kg cloths was collected from the members of RCNM Hillside. Total 200 kg of cloths were collected from community members.

Diwali Mela

25 Oct 2024

Rotary Club of Navi Mumbai Hillside in association with We Connect Club and Mrs Meera Binani organised a Diwali Mela on 25th October '2024 to help and provide a platform for budding women entrepreneurs to showcase their business acumen, skills and knowledge. There were around 45 plus stalls showcasing products of all types and ranges. The idea behind this mela was to motivate women entrepreneurs and encourage them to take their business at a different level and for their economic development. Our Club sponsored lunch for all and awards were given to the entrepreneurs in various categories. Certificate of Participation was also issued to all participating entrepreneurs. It was an awesome P I / P R our club and Rotary altogether. Around 400 people attended the Diwali mela and it was a great success.



Family Night and Diwali Celebration



Felicitation of President by Rotaract 3142 for being a Philanthropic Partner



BOD Meeting



BIRTHDAY'S

Ravindra Budhawant
Sonali Paralkar
Narayan Pitale

: 4th November
: 5th November
: 27th November

